#### KARNATAKA SAMSKRIT UNIVERSITY Internal Quality Assurance Cell



कर्नाटकसंस्कृतविश्वविद्यालयः आन्तरिकगुणवत्ताश्वासनकेन्द्रम् प्राण्यमहाकविमार्गः, चामराजपेटे, बेङ्गलूठ-४६००१८

Pampa Mahakavi Road, Chamarajpet, Bengaluru-560018.

2:080-26701303 | Website: www.ksu.ac.in | Email: ksuigac@gmail.com; karnatakasanskrituniversity@gmail.com

No.: KSU/IQAC/2021-22

Date: 30-04-2020

#### **PRO-FORMA FOR SUBMITTING A BRIEF REPORT OF PROGRAM**

(To be submitted to IGAC)

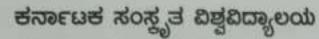
01	Category of the program: (Webinar; Workshop; Training; Seminar; function/Special Lecture/celebration of special Day/Event, (f other specify)	Webinar, online zoom
02	Day(s) & Date(s) of the program:	30-04-2020
03	Title of the program:	FOOD AND HEALTH – DR. SHIVAKUMAR T, SENIOR MEDICAL OFFICER, AYUSH
04	Venue of the program:	ONLINE MODE KARNATAKA SANSKRIT UNIVERITY
05	Organizer: (Faculty/Department, if other specify)	NSS CELL
06	Collaboration with other department/agency, YES(specify)/NO	NO
07	Is financial assistance received from Internal or external funding agency; YES(specify, if already received) /NO/ if Proposed (specify total amount requested)	Arres
08	Name of the Convener/Director/Organizing Secretary/President/Co-ordinator, if other specify	DRJAYAREVANNA M V NSS COORDINATOR K.S.U
09	Objective of the program:	To make participants understand the basic elements of epistemology.
0	Outcome of the program: (Plz fill ofter completion of the program)	The program was a great success with more than 100 students actively participated across the globe. The program generated great interest in participants to pursue the studies of epistemology in future.
11	Participants group: (Student/Teacher/Non-teaching/Integrated, if other specify )	House wife, Yoga Teacher, Lecturers, Students Engineers Doctors etc.

12	Number of actual attended participants:	135	
13	Name of the resource person(s) and affiliation (if applicable)	DR.JAYAREVANNA M V. Dr. RISHIDEV BHARGAVA N Dr. KRISHNA JOSHI Dr. ANUPAMA B	
14	Please forward soft copy of following documents to: igac@ksu.ac.in		
14.2	Few Important Geo-tagged Photographs (mandatory) in case of webinar screenshot and web-link of program recording	https://drive.google.com/drive/folders/10/ Dqpzp_DO-i1g5Y45vgiP4IzeXE5dCT	
14.3	List of attendance with signature (In case of Webinar enclose screenshot of participants list)	yes	
14.4	Brochure of the program (if designed)	yes	
14.5	News paper cuttings of program (if possible)	по	
14.6	Report of Feedback Analysis (if applicable)	yes	
14.7	One page brief Summary of the Program; a) total sessions/lectures with brief highlights b) Important announcement/ policy thought etc c) Any other distinctive events/course of action	yoga represents one of the finest products of human intellect that has been sustaining India's Intellectual culture for the last few centuries. This yoga offers devices of logical argumentation and supplies us with the novel set of terminology for mapping reality. This school of philosophy exerted influence on different systems of thought so much that they adopted the yoga methods to counter their opponents and propagate their thesis. The main aim of conducting this course is to bring the ideas of yoga practical And theories to the masses. A total of 100 students registered in this course from different parts of the country and few students from United Kingdom, United States of America and Korea had also registered to the above course. The course was held over a period of Three months with a total of two credits Allotted. The Course was started on 26/09/2020 and the course ended on 11/02/2021 with the valedictory function. Valedictory session was held with Prof. K.E.Devanthan, Vice	

chancellor as the President . Key note address was delivered by Prof. UmakantBhat and kavigulaguruKalidas University Vice-chancellor Prof. srinivasavarkhedi graced the occasion as Guest of honour. The course was a huge success as students gave some excellent feedback about the course. The department members were also fully committed in successfully running the course.

> Signature of the flead of the Department NSS Co-ordinator Karnataka Samskrit University Chamarajpete, Bengaluru - 560 018,

Note: In the context of quality augmentation and NAAC guidelines, it is mandatory to submit the said report within a week after completion of any program organised by University Teaching and Non-teaching Department to IQAC in both hard and soft copies.





कर्नाटक-संस्कृत-विश्वविद्यालय:

ಕ್ಷ್ಮೀ ಚಾಮದಾರೇಂದ್ರ ಸಂಸ್ಕೃತ ಮಹಾವಿದ್ಯಾಲಯ ಅದರಣ ಪಂತಮಹಾಕವಿ ರಸ್ತೆ, ಚಾಮರಾಜನೇಜಿ, ಬೆಂಗಳೂರು - 560018

भी यामगाजेन्द्र संस्कृत महाविद्यालयस्य परिवतः प्रम्यमहाकविमार्गः, यामराजये, बेपुल्सः - ५६००१८.

#### List of Participants of Food and health seminar

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10	mssme.253@gmail.com	Sneekantswamy M S
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2.	paruram2407@gmail.com	the second s
11	rkmahesh@gmail.com.	Mahesh kumar
14	devaki prabhat@gmail.com	Devaki Prabhat

ĝ¢.	ನಾ೯ಟಕ ಸಂಸ್ಕೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ ಚಾರುವಚೇಂದ್ರ ಸಂಸ್ಕತ ಮಹಾವಿದ್ಯಾರವು ಆಪರಣ ಸಮಹಾಕವಿ ಕತ್ರೆ, ಚಾರುವಾಬಹೇಟೆ, ಬೆಂಗಳೂರು - 560018	कर्नाटक-संस्कृत-विश्वविद्यालय भो यापालनः संस्कृत मराविद्यालय भा यापालनः यापालयस्य प्राप्त प्राप्तान्नविद्यालयस्य प्राप्त
	umideert Albumait.com	Umadewi Internatio
26	probhumanaand 3gbgmail.com	Phibhu
27	meenachimiggemail.com	MooneC
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30.	roshikudiu123@gmail.com	Roshani K K
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54.	nandangy2013@gmail.com maheshpthanvi77@gmail.com	Mabesh p

200255	ಮರಟಕೇಂದ್ರ ಸಂಸ್ಕತ ಮಹಾವಿದ್ಯಾಲಯ ಆಪಂಗಾ ನಿಹಾಕವಿ ರಸ್ತೆ ಚಾದಾರಾಜನೇಟೆ, ಬೆಂಗಳೂದು - 560018.	Comme 2	वी जामाजेन्द्र मध्यून महाविद्यालयस्य प् प्रथ्यप्रहावर्त्रियानं:, साम्पानप्रेरं, बहुम्ह - ५६॥
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# ಕರ್ನಾಟಕ ಸಂಸ್ಥೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ



# कर्नाटक-संस्कृत-विश्वविद्यालयः

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12 C	viewanath.bellufli@gmail.com	Sudha

वी पाणगजेन्द्र संस्कृत प्रशीवधालप्रमय परिसाः प्रम्यप्रस्तविष्याने , प्राप्तगत्रपेटे, जेङ्गम् = ५६००१८

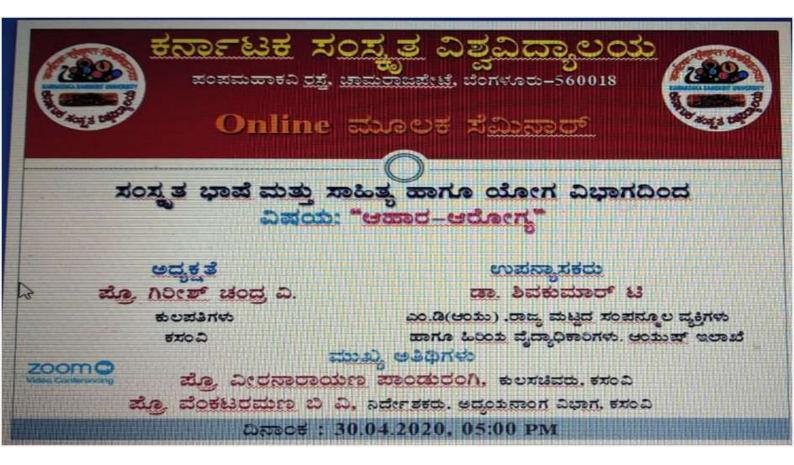
# ಕರ್ನಾಟಕ ಸಂಸ್ಘೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ



ಟ್ರ ಚಾಮರಾಚೇಂದ್ರ ಸಂಸ್ಕತ ಮಹಾವಿದ್ಯಾಲಯ ಅವರಣ ಶಂಸಮಹಾಕದಿ ರಕ್ಷೆ, ಭಾಮರಾಜನೇಟೆ, ಬಿಂಗಳೂರು - 560018, कर्नाटक-संस्कृत-विश्वविद्यालयः श्री भाषनतेन्द्र संस्कृत अलॉवडालयस्य परिमाः प्रथयक्षाकविष्यानेः, जालाज्येर, श्रेद्रम्य - ५६००१४.

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NSS Co-ordinator Karnataka Saniskrit University Chanataipsia, Gengalum - 560 019



### KARNATAKA SAMSKRIT UNIVERSITY Internal Quality Assurance Cell



#### कर्नाटकसंस्कृतविश्वविद्यालयः आन्तरिकगूणवत्ताश्वासनकेन्द्रम्

पापपहाकविमार्गः, चामराजपेटे, बेङ्गल्ह-५६००१८

Pampa Mahakavi Road, Chamarajpet, Bengaluru-560018.

2: 080-26701303 | Website: www.ksu.ac.in | Email: ksuigac@gmail.com; karnatakasanskrituniversity@gmail.com

No.: KSU/IQAC/2021-22

Date: 21-05-2020

#### PRO-FORMA FOR SUBMITTING A BRIEF REPORT OF PROGRAM

(To be submitted to IQAC)

01	Category of the program: (Webinar, Workshop; Training; Seminar; function/Special Lecture/celebration of special Day/Event, if other specify)	Webinar, online zoom	
02	Day(s) & Date(s) of the program:	21-05-2020	
03	Title of the program:	IMPORTANCE OF HEALTH THROUGH SANGEETHA YOGA	
04	Venue of the program:	ONLINE MODE KARNATAKA SANSKRIT UNIVERITY	
05	Organizer: (Faculty/Department, if other specify)	NSS CELL	
06	Collaboration with other department/agency, YES(specify)/NO	NO	
07	Is financial assistance received from Internal or external funding agency; YES(specify, if already received) /NO/ if Proposed (specify total amount requested)		
08	Name of the Convener/Director/Organizing Secretary/President/Co-ordinator, if other specify	DRJAYAREVANNA M V. NSS COORDINATOR K.S.U	
09	Objective of the program:	To make participants understand the basic elements of epistemology.	
0	Outcome of the program: (Plz fill after completion of the program)	The program was a great success with more than 100 students actively participated across the globe. The program generated great interest in participants to pursue the studies of epistemology in future.	
11	Participants group: (Student/Teacher/Non- teaching/Integrated, if other specify )	House wife, Yoga Teacher, Lecturers, Students Engineers Doctors etc.	
12	Number of actual attended participants:	114	

13	Name of the resource person(s) and affiliation (if applicable)	DR.JAYAREVANNA M V. Dr. RISHIDEV BHARGAVA N Dr. KRISHNA JOSHI Dr. ANUPAMA B
14	Please forward soft copy of following documents to: igac@ksu.ac.in	
14.2	Few Important Geo-tagged Photographs (mandatory) in case of webinar screenshot and web-link of program recording	https://drive.google.com/drive/folders/1U1 Dqpzp_DO-i1g5Y45vgiP41zeXE5dCT
14.3	List of attendance with signature (In case of Webinar enclose screenshot of participants list)	yes
14.4	Brochure of the program (if designed)	yes
14.5	News paper cuttings of program (if possible)	no
14.6	Report of Feedback Analysis (if applicable)	yes
4.7	One page brief Summary of the Program; a) total sessions/lectures with brief highlights b) Important announcement/ policy thought etc c) Any other distinctive events/course of action	<ul> <li>yoga represents one of the finest products of human intellect that has been sustaining India's Intellectual culture for the last few centuries. This yoga offers devices of logical argumentation and supplies us with the novel set of terminology for mapping reality. This school of philosophy exerted influence on different systems of thought so much that they adopted the yoga methods to counter their opponents and propagate their thesis. The main aim of conducting this course is to bring the ideas of yoga practical And theories to the masses.</li> <li>A total of 100 students registered in this course from different parts of the country and few students from United Kingdom, United States of America and Korea had also registered to the above course. The course was held over a period of Three months with a total of two credits Allotted. The Course was started on 26/09/2020 and the course ended on 11/02/2021 with the valedictory function. Valedictory session was held with Prof. K.E.Devanthan , Vice chancellor as the President - Key note address was delivered by Prof.</li> </ul>

UmakantBhat and kavigulaguruKalidas University Vice-chancellor Prof. srinivasavarkhedi graced the occasion as Guest of honour. The course was a huge success as students gave some excellent feedback about the course. The department members were also fully committed in successfully running the course.

> Signature of the Hand of the Department NSS Co-ordinator Karnataka Samskrit University Chamarajpete, Bengaluru - 560 G13.

Note: In the context of quality augmentation and NAAC guidelines, it is mandatory to submit the said report within a week after completion of any program organised by University Teaching and Non-teaching Department to IQAC in both hard and soft copies.

## ಕರ್ನಾಟಕ ಸಂಸ್ಥೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ



### कनोटक-संस्कृत-विश्वविद्यालय:

ಶ್ರೀ ಚಾರುರಾಜೇಂದ್ರ ಸಂಸ್ಕೃತ ಮಹಾವಿದ್ಯಾಲಯ ಅವರಣ ಪಂಪದುಷಾಕವಿ ಧಗ್ರೆ ಚಾನುರಾಜನೇಚೆ, ಬೆಂಗಳೂರು – 560018

थी सामगढेन्द्र संस्कृत बहावियालयस्य प्रांतसः प्रम्ययहाळवियाणं:, यामगढवंदे, बहुल्हः - ५६००१८

LIST OF STUDENTS PARTICIPA	TED in the	seminar on Importance of	Health through 3	Sangeeta Yog#
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	till and the second second	Jyothi Rinnakant
The state	Jyoranaakamia genail.com	Selvi V
2	selviselvu6360egenail.com	Childes Narasimhappu
3.	chikkanaraaimhagpa844cgmail.com	ANANTH & NATH
4	amanthemath8202gmail.com	II S Shastri
5.	shastribsonyaboo.m	Margatha
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N:	manjochumu79953 gmml.com	
9.	dk.balaji78üligmail.com	Dabyi
10.	pradeep classiciosi gmail.com	Pradcepo
11	lathalatha309167 gmail com	Lathakka tarovekerz
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13.	unandrey 340/20 gmail.com	Anand
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16	manjunatha kir1234502 gmail.com	Manjunotha C.N
17.	tigaslowini9164796/egmail.com	Tejashwini,N

ರ್ನಾಟಕ ಸಂಸ್ಥೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ ಜವರಾಚೀಂದ್ರ ಸಂಸ್ಕತ ಮಹಾವಿದ್ಯಾಲಯ ಅದರ್ಶ ಜವರ್ಷ ರಕ್ಷೆ ಚಾಮರಾಜಪೇಟೆ, ಬೆಂಗಳೂಪ - 560018.	गार्ट्स कनाट दिल्ली कनाट	क-सस्कृत-विश्वविद्यालयः भी भाषात्रद्व संस्कृत माणिवालयस्य प्रांतसः प्रम्यमहावविद्यातेः, भाषात्रवरि, बहलूर - भटक्लीट.
gurunathkondakarja gmail com	GURUNATH KONDAKAR	
(Bramakrishna20) 150gmoil.com	Vanu	
surtsums88880 gmail.com		
	and the second se	
	Veena G P	
	Shubha P R	
	Hariprasad CR	
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# ಕರ್ನಾಟಕ ಸಂಸ್ಥೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ



कनोटक-संस्कृत-विश्वविद्यालय:

ಶ್ರೀ ಚಾಮರಾಜೇಂದ್ರ ಸಂಸ್ಕತ ಮಹಾವಿದ್ಯಾಲಯ ಅವರಣ ಪಂತಮಹಾಕವಿ ರಕ್ಷೆ, ಚಾಮರಾಜಪೇಟಿ, ಬೆಂಗಳೂರು - 560018

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Karnataka Samskrit University NSS Co-ordinator 1 1981 in 4 1

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NSS Co-ordinator Signature

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Pampa Mahakavi Road, Chamarajpet, Bengaluru-560018

पण्पमहाकविमार्गः, चामराजपेटे, बेङ्गलुरु-५६००१८

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No.: KSU/IQAC/2021-22

Date:

#### **PRO-FORMA FOR SUBMITTING A BRIEF REPORT OF PROGRAM**

(To be submitted to IQAC)

2	Number of actual attended participants:	170
1	Participants group: (Student/Teacher/Non- teaching/Integrated, if other specify )	House wife, Yoga Teacher, Lecturers, Students Engineers Doctors etc.
0	Outcome of the program: (Plz fill after completion of the program)	The program was a great success with more than 100 students actively participated across the globe. The program generated great interest in participants to pursue the studies of epistemology in future.
09	Objective of the program:	To make participants understand the basic elements of epistemology.
08	Name of the Convener/Director/Organizing Secretary/President/Co-ordinator, if other specify	DRJAYAREVANNA M V, HEAD OF THE DEPARTMENT, YOGA THERAPHY AND COUNSELLING K.S.U
07	Is financial assistance received from Internal or external funding agency; YES(specify, if already received) /NO/ if Proposed (specify total amount requested)	
06	Collaboration with other department/agency, YES(specify)/NO	NO
05	Organizer: (Faculty/Department, if other specify)	DEPT, OF YOGA THERAPHY AND COUNSELLING
04	Venue of the program:	MYSORE
03	Title of the program:	RAPID TEST AND VACCINATION
02	Day(s) & Date(s) of the program:	17-07-2021
01	Category of the program: (Webinar, Workshop; Training; Seminar; function/Special Lecture/celebration of special Day/Event, if other specify)	EVENT

13	Name of the resource person(s) and affiliation (if applicable)	DR.JAYAREVANNA M.V. Dr. RISHIDEV BHARGAVA N Dr. KRISHNA JOSHI Dr. ANUPAMA B
14	Please forward soft copy of following documents to: igac@ksu.ac.in	
14.2	Few Important Geo-tagged Photographs	https://drive.google.com/drive/folders/1UI Dqpzp_DO-i1g5Y45vgiP4IzeXE5dCT
14.3	List of attendance with signature	yes
14.4	Brochure of the program (if designed)	yes
14.5	News paper cuttings of program (if possible)	no
14.6	Report of Feedback Analysis (if opplicable)	yes
4.7	One page brief Summary of the Program; a) total sessions/lectures with brief highlights b) Important announcement/ policy thought etc c) Any other distinctive events/course of action	yoga represents one of the finest products of human intellect that has been sustaining India's Intellectual culture for the last few centuries. This yoga offers devices of logical argumentation and supplies us with the novel set of terminology for mapping reality. This school of philosophy exerted influence on different systems of thought so much that they adopted the yoga methods to counter their opponents and propagate their thesis. The main aim of conducting this course is to bring the ideas of yoga practical And theories to the masses. A total of 100 students registered in this course from different parts of the country and few students from United Kingdom, United States of America and Korea had also registered to the above course. The course was held over a period of Three months with a total of two credits Allotted. The Course was started on 26/09/2020 and the course ended on 11/02/2021 with the valedictory function. Valedictory session was held with Prof. K.E.Devanthan , Vice chancellor as the President . Key note

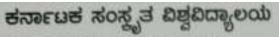
UmakantBhat and kavigulaguruKalidas University Vice-chancellor Prof. srinivasavarkhedi graced the occasion as Guest of honour.

The course was a huge success as students gave some excellent feedback about the course. The department members were also fully committed in successfully running the course.

Signature of the Head of the Department

Dept. of Yoga Therapy & Counselling Kainataka Samskrit University Bengaluru-18

Note: In the context of quality augmentation and NAAC guidelines, it is mandatory to submit the said report within a week after completion of any program organised by University Teaching and Non-teaching Department to IQAC in both hard and soft copies.





## कर्नाटक-संस्कृत-विश्वविद्यालय:

की सामगतेल्ड सम्प्रत प्रशीवसाल्यमा प्रतिगत प्रत्यप्रहाजीवलार्ग:, सामगत्रप्रे, बहुलूर - ५६००११.

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## कर्नाटक-संस्कृत-विश्वविद्यालय:

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#### KARNATAKA SAMSKRIT UNIVERSITY Internal Quality Assurance Cell



कर्नाटकसंस्कृतविश्वविद्यालयः आन्तरिकगुणवत्ताश्वासनकेन्द्रम् प्राप्यमहाकविमार्गः, चामराजपेटे, चेङ्गलूरु-५६००१८

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2:080-26701303 | Website: www.ksu.ac.in | Email: ksuigac@gmail.com; karnatakasanakritunivarsity@gmail.com

No :: KSU/IQAC/2021-22

Date: 24.06.2020

#### PRO-FORMA FOR SUBMITTING A BRIEF REPORT OF PROGRAM

(To be submitted to IQAC)

12	Number of actual attended participants:	150
11	Participants group: (Student/Teacher/Non- teaching/Integrated, if other specify )	Public .Students and Teachers
	Outcome of the program: (Plz fill after completion of the program)	The program was a great success by Swastasya swaathya raskshanam, aturasya vikara prashamanam
09	Objective of the program:	Awareness of health and healthy lifestyle
08	Name of the Convener/Director/Organizing Secretary/President/Co-ordinator, if other specify	DR.JAYAREVANNA M V, NSS CO- ORDINATOR
07	Is financial assistance received from Internal or external funding agency; YES(specify, if already received) /NO/ if Proposed (specify total amount requested)	NO
06	Collaboration with other department/agency, YES(specify)/NO	NO
05	Organizer: (Faculty/Department, if other specify)	NSS Cell
04	Venue of the program:	ONLINE
03	Title of the program:	PRASRUTA JEEVANAKKE SWATAVRUTTADA MAHATWA
02	Day(s) & Date(s) of the program:	24-06-2020
01	Category of the program: (Webinar: Workshop; Training; Seminar; function/Special Lecture/celebration of special Day/Event, if other specify)	WEBINAR

13	Name of the resource person(s) and affiliation (if applicable)	Prof GIRISH CHANDRA Prof Veeranarayana Pandurangi Dr Prakash Pagoji Prof Venkataramana B V	
14	Please forward soft copy of following documents to: igac@ksu.ac.in	Attached	
14.2	Few Important Geo-tagged Photographs (mandatory) in case of webinar screenshot and web-link of program recording	Attached	
14.3	List of attendance with signature (In case of Webinar enclose screenshot of participants list)	NA	
14,4	Brochure of the program (if designed)	No	
14.5	News paper cuttings of program (if possible)	No	
14.6	Report of Feedback Analysis (if applicable)	No	
14.7	One page brief Summary of the Program; a) total sessions/lectures with brief highlights b) Important announcement/ policy thought etc c) Any other distinctive events/course of action	Swastasya swaathya raskshanam, aturasya vikara prashamanam was the prime mode of this webinar. Hence Program was organized NSS cell, on webinar due to present situation. The program was a great success	

Signature of the Head of the Department NSS Co-ordinator Karnataka Samskrit University Karnataka Sensitrit University Chamereiceta, Bensakou - 500 018.

Note: In the context of quality augmentation and NAAC guidelines, it is mandatory to submit the said report within a week after completion of any program organized by University Teaching and Non-teaching Department to IQAC in both hard and soft copies.



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## कर्नाटक-संस्कृत-विश्वविद्यालयः

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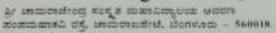
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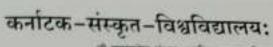
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## ಕರ್ನಾಟಕ ಸಂಸ್ಥೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ







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### KARNATAKA SAMSKRIT UNIVERSITY Internal Quality Assurance Cell



### कर्नाटकसंस्कृतविश्वविद्यालयः आन्तरिकगुणवत्ताश्वासनकेन्द्रम्

Pampa Mahakavi Road, Chamarajpet, Bengaluru-560018.

प्रम्पमहाकविमार्गः, चामराजपेटे, बेङ्गलुरु-५६००१८

2: 080-26701303 | Website: www.ksu.ac.in | Email: ksuigac@gmail.com; karnatakasanskrituniversity@gmail.com

No :: KSU/IQAC/2021-22

Date: 08-04-2020

#### PRO-FORMA FOR SUBMITTING A BRIEF REPORT OF PROGRAM

(To be submitted to IQAC)

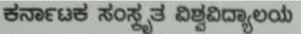
01	Category of the program: (Webinar; Workshop; Training; Seminar; function/Special Lecture/celebration of special Day/Event, if other specify)	Webinar, online zoom
02	Day(s) & Date(s) of the program:	08-04-2020
03	Title of the program:	Covid-19 Awareness - Dr. Shivakumar T, Senior Medical Officer, Ayush
04	Venue of the program:	ONLINE MODE KARNATAKA SANSKRIT UNIVERITY
05	Organizer: (Faculty/Department, if other specify)	NSS CELL
06	Collaboration with other department/agency, YES(specify)/NO	NO
07	Is financial assistance received from Internal or external funding agency; YES(specify, if already received) /NO/ if Proposed (specify total amount requested)	
08	Name of the Convener/Director/Organizing Secretary/President/Co-ordinator, if other specify	DRJAYAREVANNA M V. NSS COORDINATOR K.S.U
09	Objective of the program:	To make participants understand the basic elements of epistemology.
0	Outcome of the program: (Piz fill ofter completion of the program)	The program was a great success with more than 100 students actively participated across the globe. The program generated great interest in participants to pursue the studies of epistemology in future.
11	Participants group: (Student/Teacher/Non- teaching/Integrated, if other specify )	House wife, Yoga Teacher, Lecturers, Students Engineers Doctors etc.
12	Number of actual attended participants:	120

3	Name of the resource person(s) and affiliation (if applicable)	DR.JAYAREVANNA M V, Dr. RISHIDEV BHARGAVA N Dr. KRISHNA JOSHI Dr. ANUPAMA B
14	Please forward soft copy of following documents to: iqac@ksu.ac.in	
14.2	Few Important Geo-tagged Photographs (mandatory) in case of webinar screenshot and web-link of program recording	https://drive.google.com/drive/folders/Ht Dqpzp_DO-i1g5Y45vgiP4IzeXE5dCT
14.3	List of attendance with signature (In case of Webinar enclose screenshot of participants list)	yes
14.4	Brochure of the program (if designed)	yes
14.5	News paper cuttings of program (if possible)	no
14.6	Report of Feedback Analysis (if applicable)	yes
14.	One page brief Summary of the Program; a) total sessions/lectures with brief highlights b) Important announcement/ policy thought etc c) Any other distinctive events/course of action	yoga represents one of the finest products of human intellect that has been sustaining India's Intellectual culture for the last few centuries. This yoga offers devices of logical argumentation and supplies us with the novel set of terminology for mapping reality. This school of philosophy exerted influence on different systems of thought so much that they adopted the yoga methods to counter their opponents and propagate their thesis. The main aim of conducting this course is to bring the ideas of yoga practical And theories to the masses. A total of 100 students registered in this course from different parts of the country and few students from United Kingdom, United States of America and Korea had also registered to the above course. The course was held over a period of Three months with a total of two credits Allotted. The Course was started on 26/09/2020 and the course ended on 11/02/2021 with the valedictory function. Valedictory session was held with Prof. K.E.Devanthan, Vice chancellor as the President Key note address was delivered by Prof.

UmakantBhat and kavigulagoruKalidas University Vice-chancellor Prof. srinivasavarkhedi graced the occasion as Guest of honour. The course was a huge success as students gave some excellent feedback about the course. The department members were also fully committed in successfully running the course.

> Signature of the Head of the Department NSSICo-ordinator Karnataka Samskrit University Chamarajpete, Bengaluru - 560 013

Note: In the context of quality augmentation and NAAC guidelines, it is mandatory to submit the said report within a week after completion of any program organised by University Teaching and Non-teaching Department to IQAC in both hard and soft copies.





# कर्नाटक-संस्कृत-विश्वविद्यालय:

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औ वायराजेन्द्र संस्कृत वहाविद्यालयस्य वॉस्स: यम्प्रमहाकविभागेः, यायस्तव्यदे, बेङ्गलूर – ५६००३८

### List of students participated in seminar Covid 19 Awareness

1. ari.nkhilesty@gmail.com	V. V. S. R. Laxshmi
2. pour su profit isotrati anapara	Vidwan, R. Jagannatha
jagannathapoojais7@gmail.com	Poojar
3 raaghuspyss@proai.com	Reghevendra Prabhu
4. teelagunuraju@grnail.com	Leela, G
5. menjunathabr1@gmail.com	Manjunatha B R
6 shravanishravani709@gmail.com	Shnavari D.S
<ol> <li>manjulakottr@jemail.com</li> </ol>	Manjula k b
8. hseutocaregtid@gmail.com	KUSUMALS
9. sagarssps412@gmail.com	Satar s.a
10. bhanuash136@igmail.com	Bhanu prakash
11. nagarajucpc143gbgmail.com	NAGARAJU H.M
12 madappa.d605@gmail.com	Medeppe D
<ol> <li>radhasachu2017@gmail.com</li> </ol>	Radhamani, R
14. sangeethekevin13@gmail.com	Sangeetha Priya
15. taralwyn5@gmail.com	Thara
16. kumaradevanur21\@gmail.com	Kumuraswamy
17. shankar2403@gmail.com	Dr. Shankar B S
18. savithaacharya294@gmail.com	Savilha G Acharya
19. ramudh1972@gmail.com	RAMALINGAPPA.D.I
20. sunandatrsuni@gmail.com	Sunanda IR
21. seemarav/99@gmail.com	Seema
22. sangeethakevin13@gmail.com	Sangeetha Phys
23. ushak/16@gmail.com	Usha
24. manjusri233@gmail.com	MANJUNATH J
25 mruthyunjayamm@gmail.com	Mruthyunjaya mm
26. alicealice3940@gmail.com	Alice Christopher
27, chitra nraciggmail.com	Chitra.Sumanth
	Ashith
28. nashith2013@gmail.com	C.University

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33. gradhesh89g3grai.com	Jisha S	
34. deepurchanker 1969 gegenest com	Kumar o K	
35. pendrati (pamiel com	Chandana K M	
36 chandanaimi0702@omail.com	Santhosh R	
37 santhoshtango@gmail.com	Summe SM	
38. survitra smarselitys revists@gmail.com	Prashanth Rap Seventh	
29. Prashanthrabaavanthypegmail.com	Shamata Devi M	
40. shamaladevi760gugmail.com	Tejaswini Vinay	
41. kon lejaswini@gmail.com	Bharathi.G	
42 bharathilasi@gmail.com 43 sb(ayapraka)h72@gmail.com	S.B. Jayaprakash	
44 netra nrac@gmail.com	Metra carayantan	
45. nandinimooddaman@gmail.com	Nondini	
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49. sagamail@gmail.com	Sagar N S	
50. charmichandu@gmail.com	Chandrika b g	
50. sharmichandolaidhnan.com	Shambu	
51 shambu79@gmail.com	NAVEENA	
52 vneveena4@gmail.com	Shuth	
53 shruthichowdegowda@gmail.com	Sumana Chandu	
54. chandusumana@gmail.com	Roopa	
55 khushipunarvi@gmail.com	Swaroop H	
56 swaroop5454@gmail.com	Bindu M	
57 bindu.muniacpa@gmail.com	Sudarshan Alwar G	
56. sudarshanatwan@rediffmail.com	MARISH	1
59	GOVINDAPPA	
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60. fy continues ac.in	Malatesh	
61. pavithragigowda2171995@gmail.com	Pavithra GJ	
61. pavitninggowini () tarogginal com 62. venkatadri bv.rao@gmail.com	Venkatadri B V	

Sampath photos Surekha BINSETHA BALI Lokesha H N Vijaya akka kadn nagara Sampath phobba Renuka Anand Pervati/ Bhat Savitho Sinchana P Saroja YOGEESH C S Dr MANJAIAH	पण्पमहार्वतिमानेः, यामगान्धेरे, बहुम्तुर - ५६००१
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Sinchana P Saroja YOGEESH C 8 Dr.MANJAIAH	
Saroja VOGEESH C 8 Dr.MANJAIAH	
VOGEESH C.S. Dr.MANJAIAH	
Dr.MANJAIAH	
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Pavithra B	
Regini R	
Mañeshappa	
RoopaRajesh	
ramptakash	
	Gowthem T.S. Achyut Krishna Patil Sritakshmi Vijaya laxm Nethra Sunil Kalpana S. Murthy Murthy Pavithra B. Ragini R. Malieshappa

ಕರ್ನಾಟಕ ಸಂಸ್ಕೃತ ವಿಶ್ವವಿದ್ಯಾಳಿ ಈ ವಾದಚೇಶ್ರ ಸತ್ಮಾತ ಮಾರಿದ್ಯಾಯ ಆದರೆಗೆ ಸಂಪರ್ಧನ ಸ್ಥೆ ತಾರ್ದೆಕ್ಕಳು, ತಿಂಗಳಾದ – 560		कर्नाटक-संस्कृत-विश्वविद्यालयः श्री चानगंग्दर मंग्हन प्रतविद्यालयः पांग्यः गणपम्हार्कावयागंः, चायगन्यंट, चंद्रन्ह ५६००१८.
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56. dhanuapi@yelioo.com	deviprasad	1.
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100 salbish.kellagggmon.com	Monika	11
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102. namitiakoiya1992@gniail.com	MokthaLT	
105. muktha.sharan@gmail.com	Ptablio	2.61
104 vakkalad.prabhu@gmail.com	B. H. Sainish	
105 bitsathist:76@gmail.com	Sanitha	
106. sunithastryam30@gmail.com 107. sudhavedhas1923@gmail.com	Suniihra	
107. suchavedhas1923gegmail.com	SKRAJANI	
108. rajanpathy@gmail.com 109. vvaddeseena1976@gmail.com	V G Steenivast/u	
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110. saraswathrangaswaniy/asog harsen	Gow/hami U Kumar	
111. gowthami.boom@gmail.com	Shiveprakashe	
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113. harlpamierec@gmail.com	Vijay	
114 adhi.viju28@gmail.com	Akhilesh Paobba	
155. pphobba@88@gmail.com	(ema t	
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en Gae . 7 NSS Co-ordinator

NSS Co-ordinator Karnataka Samskrit University Chamaralpote, Bengaluru - 600 013.

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### FREE ONLINE YOGA CLASSES

This program was held from 18-05-2021 to 28-05-2021 for well being of the pupil and to teach what precautionary measure to be taken in present situation (i,e during covid 19) and to boost their immunity

It was inaugurated by Sri Narayana Gowda, Minister, department of sports and youth empowerment. Smt Shalini Rajinish, Additional Chief Secretary, Department of department of sports and youth was the chief guest of the program

### ಕರ್ನಾಟಕ ಸಂಸ್ಕೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ

ಪಂಪಮಹಾಕವಿ ರಸ್ತೆ, ಚಾಮರಾಜಪೇಟೆ, ಬೆಂಗಳೂರು - 560018.

ಶ್ರೀ ಚಾಮರಾಜೇಂದ್ರ ಸಂಸ್ಕೃತ ಮಹಾವಿದ್ಯಾಲಯ ಆವರಣ

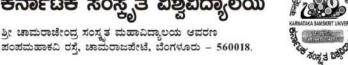


कर्नाटक-संस्कृत-विश्वविद्यालय:

श्री चामराजेन्द्र संस्कृत महाविद्यालयस्य परिसर: पम्पमहाकविमार्ग:, चामराजपेटे, बेङ्गलूरु - ५६००१८.

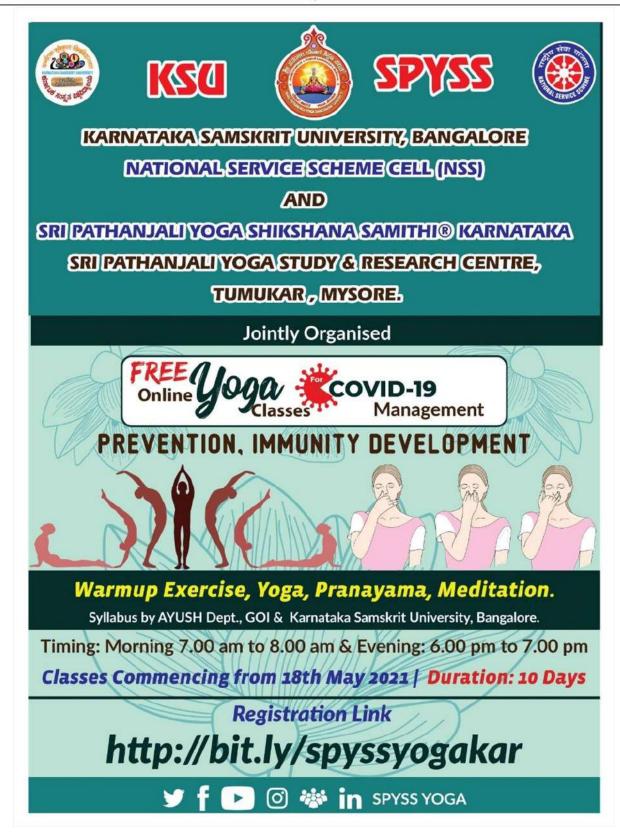






कर्नाटक-संस्कृत-विश्वविद्यालय:

श्री चामराजेन्द्र संस्कृत महाविद्यालयस्य परिसरः पम्पमहाकविमार्ग:, चामराजपेटे, बेङ्गलूरु - ५६००१८.





ಪಂಪಮಹಾಕವಿ ರಸ್ತೆ, ಚಾಮರಾಜಪೇಟೆ, ಬೆಂಗಳೂರು - 560018.



कर्नाटक-संस्कृत-विश्वविद्यालयः श्री चामराजेन्द्र संस्कृत महाविद्यालयस्य परिसरः

पम्पमहाकविमार्ग:, चामराजपेटे, बेङ्गलूरु - ५६००१८.





ಕರ್ನಾಟಕ ಸಂಸ್ಕೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ

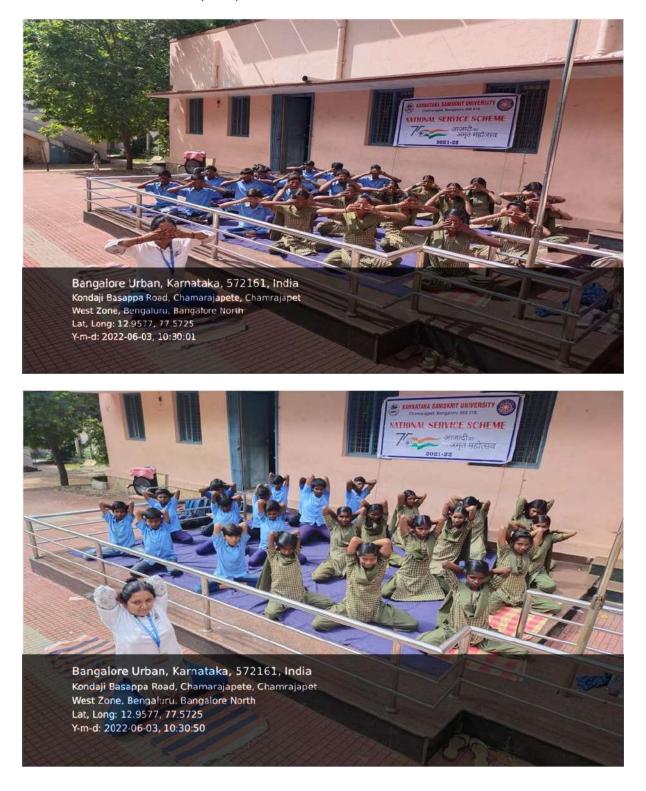
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कर्नाटक-संस्कृत-विश्वविद्यालयः श्री चामराजेन्द्र संस्कृत महाविद्यालयस्य परिसरः पम्पमहाकविमार्गः, चामराजपेटे, बेङ्गलूरु - ५६००१८.

#### YOGA MAASACHARANE

June month of 2022 was celebrated as yoga month. It was celebrated as yoga maasacarane whole month. Our PG diploma in Yoga students voluntarily took part in it by teaching yoga in and round schools of university campus



ಕರ್ನಾಟಕ ಸಂಸ್ಕೃತ ವಿಶ್ವವಿದ್ಯಾಲಯ

ಶ್ರೀ ಚಾಮರಾಜೇಂದ್ರ ಸಂಸ್ಕೃತ ಮಹಾವಿದ್ಯಾಲಯ ಆವರಣ ಪಂಪಮಹಾಕವಿ ರಸ್ತೆ, ಚಾಮರಾಜಪೇಟೆ, ಬೆಂಗಳೂರು – 560018.



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Advantages of the program

- 1. Many students got the knowledge of yoga
- 2. Female students got knowledge of precautionary measure during menstrual cycle and yoga for dysmennohria.
- 3. Even students were taught about the stress management.

#### List of schools

SCHOOL NAME	CLASS	NUMBER OF STUDENTS	DATE	TEACHER NAME
National English School, Basavanagudi, Bangalore	6th to 8th	98	1/6/2022 to 23/06/2022	Praveen P
VES English school, Tavarekere, Bangalore South	1st to 10th	750	2/6/2022 to 29/6/2022	S Umesh
Govt. Higher Primary School, Bangalore	1st to 7th	30	28/6/2022 to 14/7/2022	Srimathi B K Renuka
Saraswathi Vidhyalaya, Bapuji nagar, Bangalore	4th to 7th	72	2/6/2022 to 29/6/2022	Kavitha K S
Govt. high school, Police Colony, Magadi road, Bangalore	8th to 10th	310	1/6/2022 to 4/7/2022	Bharathi K